



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BIG GYM SCHEDULE

DEC 3– DEC 9, 2018

Monday <small>no school</small>	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30 am – 7:00 am Open Gym B-ball		5:00 am – 8:15 am Open Gym B-ball		6:00 am – 9:00 pm Open Gym	1:00 pm – 5:00 pm Open Gym
	8:15 am–9:15 am Blast (Side B)				9:00 am – 11:30 pm Lil' Ninja Classes	
9:00 am – 12:00 pm Child Care (Side A)	9:00 am – 12:00 pm Child Care (Side A)	9:00 am – 10:00 pm Strength Circuit (Side B)	9:00 am – 12:00 pm Child Care (Side A)		12:00 pm – 6:00 pm Open Gym	
			1:00 pm–7:00 pm Gymnastics Set up and programs (Side B)	4:00p.m.– 8:00p.m. Gymnastics Set up and programs (Side B)		
			No Open Gym (Side B) From 1p.m.–7p.m.	*No Open Gym* (Side B) From 4p.m.–8p.m.		

Open Gym will be designated throughout the day where there is not a current program taking place.

If you have any questions, comments, or requests, please contact Lucas Hughes at 641 792 4006.

SMALL GYM SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 am– 6:00 am Boot Camp		5:15 am– 6:00 am Boot Camp		5:15 am– 6:00 am Boot Camp		
9:00 am–10:00 am C/S Circuit	8:00 a.m. –10:30 a.m. Pickle Ball		8:00 a.m.–10:30 a.m. Pickle ball	9:00 am – 10:00 am Blast	6:00 am – 6:00 pm Open Gym	1:00 pm – 5:00 pm Youth Basketball
1:00 p.m. – 5:00 p.m. Child Care	1:00 p.m. – 5:00 p.m. Child Care	9:00 a.m. – 5:00 p.m. Child Care	1:00 pm–5:00 pm Child Care	9:30 am – 5:00 pm Child Care		
6:00 pm– 6:50 pm TRX	6:30 pm– 8:30 pm Adult Volleyball League	6:00 pm– 6:50 pm TRX				

SCHEDULED CLOSURES

Monday, November 26

FACILITY HOURS

Mon–Fri 5:00 am –10:00 am

Saturday 6:00 am – 6:00 pm

Sunday 1:00 pm – 5:00 pm